Running Club	Team Number	Bib 1	Bib 2	Bib 3	Bib 1 Time	Bib 2 Time	Bib 3 Time	Total Time	Team Rank														End leg 2				
North Shields Polytechnic Club	46	46	46	46	08:40	08:57	08:48	26:25	1														17:37	1	17:37		08:06
Gosforth Harriers & AC	23	23	23	23	08:26	09:32	09:21	27:19	2					Time		Avg Pace per mile							17:58	2	17:58		08:08
Morpeth A	38	38	38	38	08:06	10:29	08:56	27:31	3	ross	helen	sam	Ross Floyd	8	6	4	53		486	293			18:35	3	18:35		08:26
Tyne Bridge Harriers	65	65	65	65	08:08	10:27	09:09	27:44	4				Thomas	8	39	5	13		519	313			18:35	4	18:35		08:39
Jarrow & Hebburn AC	34	34	34	34	11:02	08:38	08:28	28:08	5				Dean	8	43	5	15		523	315			19:40	5	19:26		08:40
Morpeth B	39	39	39	39	08:39	11:19	08:43	28:41	6	thomas	lindsey	dean	Sam	8	56	5	23		536	323			19:58	6	19:35		08:55
Elswick Harriers	73	73	73	73	08:56	10:30	09:25	28:51	7				Neil	9	44	5	52		584	352			19:26	7	19:35		08:56
Blyth Running Club	11	11	11	11	08:58	10:48	09:12	28:58	8				Paul W	9	52	5	57		592	357			19:46	8	19:40		08:58
North Shields Polytechnic Club	47	47	47	47	09:49	09:46	09:31	29:06	9				Tim	10	2	6	3		602	363			19:35	9	19:46		09:22
Tyne Bridge Harriers	66	66	66	66	09:39	10:25	09:08	29:12	10				Paul B	10	14	6	10		614	370			20:04	10	19:57		09:31
Sunderland Strollers	76	76	76	76	08:55	11:34	08:56	29:25	11				Mike	10	17	6	12		617	372			20:29	11	19:58		09:35
North Shields Polytechnic Club	48	48	48	48	11:09	09:16	09:14	29:39	12				Helen	10	29	6	19		629	379			20:25	12	20:04		09:39
Heaton Harriers	25	25	25	25	09:40	10:31	09:33	29:44	13				Jim	10	52	6	33		652	393			20:11	13	20:04		09:40
North Shields Polytechnic Club	49	49	49	49	09:35	10:29	10:21	30:25	14				Lindsey	11	19	6	49		679	409			20:04	14	20:11		09:40
Gosforth Harriers & Ac	24	24	24	24	09:46	10:11	10:46	30:43	15				Sue	11	19	6	49		679	409			19:57	15	20:25		09:43
Heaton Harriers	26	26	26	26	09:50	09:45	11:19	30:54	16				Frankie	12	13	7	22		733	442			19:35	16	20:29		09:43
South Shields Harriers & Ac	60	60	60	60	09:51	10:53	10:13	30:57	17				Pam	12	43	7	40		763	460			20:44	17	20:33		09:46
Alnwick Harriers	1	1	1	1	10:15	10:59	09:44	30:58	18														21:14	18	20:44		09:49
North Shields Polytechnic Club	50	50	50	50	10:40	10:13	10:18	31:11	19				78 teams started										20:53	19	20:53		09:50
Elswick Harriers	74	74	74	74	09:43	10:50	10:40	31:13	20				75 complete teams finished										20:33	20	21:02		09:51
Gosforth Harriers & Ac	71	71	71	71	10:35	10:27	10:23	31:25	21														21:02	21	21:09		09:51
Morpeth C	40	40	40	40	10:02	11:45	09:52	31:39	22	tim	sue	paul w	**Positions**			**Leg 1**			**Leg 2**	**Leg 3**			21:47	22	21:14		09:53
Jarrow & Hebburn AC	35	35	35	35	09:31	12:14	10:06	31:51	23				Morpeth A			1			Equal 3rd	3			21:45	23	21:14		10:00
Houghton Harriers	31	31	31	31	10:40	11:18	09:55	31:53	24				Morpeth B			4			11	6			21:58	24	21:19		10:02
Sunderland Strollers	77	77	77	77	09:22	11:52	10:59	32:13	25				Morpeth C			24			26	22			21:14	25	21:45		10:09
North Shields Polytechnic Club	51	51	51	51	10:51	11:15	10:16	32:22	26				Morpeth D			29			41	27			22:06	26	21:47		**10:14**
Morpeth D	41	41	41	41	10:17	12:43	**09:44**	32:44	27	mike	pam	me	Morpeth E			26			33	30			23:00	27	21:51		10:15
Tyne Bridge Harriers	67	67	67	67	09:43	13:27	09:42	32:52	28														23:10	28	21:52		10:15
North Shields Polytechnic Club	52	52	52	52	10:48	11:09	11:09	33:06	29														21:57	29	21:57		10:17
Morpeth E	42	42	42	42	**10:14**	12:13	10:52	33:19	30	paul b	frankie	jim											22:27	30	21:58		10:17
Crook and District AC	16	16	16	16	10:55	11:28	11:00	33:23	31														22:23	31	22:06		10:18
Elswick Harriers	75	75	75	75	10:48	11:04	11:37	33:29	32														21:52	32	22:23		10:25
North Shields Polytechnic Club	53	53	53	53	11:25	11:25	10:42	33:32	33														22:50	33	22:27		10:31
Newcastle Frontrunners	43	43	43	43	09:40	14:35	09:43	33:58	34														24:15	34	22:28		10:35
Birtley AC	10	10	10	10	10:09	11:00	12:51	34:00	35														21:09	35	22:33		10:36
Jarrow & Hebburn AC	36	36	36	36	10:00	12:53	11:07	34:00	35														22:53	36	22:50		10:36
Tyne Bridge Harriers	68	68	68	68	09:51	14:35	09:35	34:01	37														24:26	37	22:52		10:38
Heaton Harriers	27	27	27	27	10:47	12:44	10:31	34:02	38														23:31	38	22:53		10:39
North East Veterans	70	70	70	70	09:53	12:40	11:30	34:03	39														22:33	39	22:54		10:40
Tyne Bridge Harriers	69	69	69	69	10:17	13:57	09:53	34:07	40														24:14	40	22:54		10:40
Ashington Hirst Running Club	5	5	5	5	10:46	12:29	10:53	34:08	41														23:15	41	23:00		10:46
Alnwick Harriers	2	2	2	2	11:49	12:24	10:04	34:17	42														24:13	42	23:00		10:46
Gosforth Harriers & Ac	72	72	72	72	10:39	10:40	13:01	34:20	43														21:19	43	23:04		10:47
Ashington Hirst Running Club	3	3	3	3	10:15	12:13	11:58	34:26	44														22:28	44	23:10		10:48
North Shields Polytechnic Club	54	54	54	54	11:24	11:46	11:29	34:39	45														23:10	45	23:10		10:48
Ashington Hirst Running Club	4	4	4	4	11:15	12:39	10:47	34:41	46														23:54	46	23:15		10:51
Heaton Harriers	28	28	28	28	10:46	12:18	11:38	34:42	47														23:04	47	23:30		10:55
Blyth Running Club	12	12	12	12	11:46	12:06	10:54	34:46	48														23:52	48	23:31		11:02
North Shields Polytechnic Club	55	55	55	55	11:24	12:26	11:03	34:53	49														23:50	49	23:50		11:05
Elswick Harriers	80	80	80	80	10:36	11:15	13:07	34:58	50														21:51	50	23:52		11:09
Gateshead Harriers	20	20	20	20	11:31	11:23	12:09	35:03	51														22:54	51	23:54		11:12
South Shields Harriers & Ac	63	63	63	63	10:38	12:14	12:14	35:06	52														22:52	52	23:56		11:15
South Shields Harriers & Ac	62	62	62	62	10:36	13:20	11:26	35:22	53														23:56	53	24:02		11:18
Blyth Running Club	13	13	13	13	13:05	11:46	11:28	36:19	54														24:51	54	24:13		11:24
Ashington Hirst Running Club	6	6	6	6	11:43	13:23	11:21	36:27	55														25:06	55	24:14		11:24
Newcastle Frontrunners	45	45	45	45	10:18	14:27	11:44	36:29	56														24:45	56	24:15		11:25
Houghton Harriers	32	32	32	32	11:18	11:36	13:49	36:43	57														22:54	57	24:26		11:28
Claremont Road Runners	15	15	15	15	12:36	11:56	12:12	36:44	58														24:32	58	24:32		11:31
Jarrow & Hebburn AC	37	37	37	37	11:41	11:49	13:45	37:15	59														23:30	59	24:45		11:41
Newcastle Frontrunners	44	44	44	44	10:31	15:34	11:31	37:36	60														26:05	60	24:49		11:43
Ponteland Runners	59	59	59	59	12:05	11:57	13:35	37:37	61														24:02	61	24:51		11:46
Ashington Hirst Running Club	9	9	9	9	15:16	12:19	10:17	37:52	62														27:35	62	24:55		11:49
Blyth Running Club	14	14	14	14	11:54	12:55	13:17	38:06	63														24:49	63	25:06		11:54
Ashington Hirst Running Club	7	7	7	7	12:39	13:45	11:53	38:17	64														26:24	64	25:55		11:56
North Shields Polytechnic Club	56	56	56	56	13:03	13:29	12:53	39:25	65														26:32	65	26:05		11:59

Running Club	Team Number	Bib 1	Bib 2	Bib 3	Bib 1 Time	Bib 2 Time	Bib 3 Time	Total Time	Team Rank														End leg 2				
Sunderland Strollers	78	78	78	78	15:18	12:52	11:20	39:30	66														28:10	66	26:14		12:05
Unattached	100	100	100	100	11:59	13:56	13:39	39:34	67														25:55	67	26:24		12:36
South Shields Harriers & Ac	64	64	64	64	12:42	13:32	13:35	39:49	68														26:14	68	26:32		12:39
Heaton Harriers	29	29	29	29	10:25	12:35	17:09	40:09	69														23:00	69	27:35		12:42
Sunderland Strollers	79	79	79	79	14:01	13:54	12:59	40:54	70														27:55	70	27:45		12:47
Freeman Strollers	17	17	17	17	15:51	13:31	13:03	42:25	71														29:22	71	27:55		13:03
Heaton Harriers	30	30	30	30	11:56	12:59	18:01	42:56	72														24:55	72	28:10		13:05
North Shields Polytechnic Club	58	58	58	58	12:47	14:58	15:39	43:24	73														27:45	73	28:28		14:01
Ashington Hirst Running Club	8	8	8	8	14:25	14:03	15:28	43:56	74														28:28	74	29:22		14:25
Freeman Strollers	18	18	18	18	16:37	17:17	15:03	48:57	75														33:54	75	33:54		15:16
Houghton Harriers	33	33	33	33	11:28	14:14		N/A#	#VALUE!																		15:18
North Shields Polytechnic Club	57	57	57	57	11:05	10:30		N/A#	#VALUE!																		15:51
South Shields Harriers & Ac	61	61	61	61	11:12	11:53		N/A#	#VALUE!																		16:37