



MORPETH HARRIERS & AC
YOUNG ATHLETES CLUB ROAD CHAMPIONSHIPS 2019

Mon 9th Sept	<u>UNDER 13 Boys & Girls</u> <u>(School Years 7 & 8)</u>
Mon 16th Sept	<u>Under 11 Boys & Girls</u> <u>School Years 6 & Some Year 5</u>
Mon 23rd Sept Both Age Groups run together	<u>Under 15 Boys & Girls</u> <u>School Years 9 & 10</u> <u>Under 17 Boys & Girls</u> <u>School Years 11 & 12</u>

All Races are 1 Full Lap of Lancaster Park
(approx. 1.25 mile)

Meet at Clubhouse by 7.30pm, and Jog up to Start
(You Must Remember to Wear Reflectives for Running on Dark Roads please).

Adult assistance is required for some of the
above events if they are to take place.

If you are able to help between 7.30pm &
8.30pm on these dates, please pass your
name to George Patterson
(email morpethharriers@aol.com)
or by putting your name on list on Club
Noticeboard.