

MORPETH HARRIERS & AC CLUB RECORDS

MORPETH HARRIERS & AC MENS ROAD, TRACK AND FIELD RECORDS

100m

Andy Abrahams 10.5s

1987 Woodford Green

200m

Jared Deacon 21.14s

1996 Glasgow

400m

Jared Deacon 45.69s

2000 Dublin

800m

Nick McCormick 1m48.25s

2005 Watford

1500m

Nick McCormick 3m35.74s

2005 Crystal Palace

Mile

Nick McCormick 3m52.02s

2005 Oslo

3000m

Nick McCormick 7m51.17s

2008

5000m

Nick McCormick 13m18.81s

2012 Spain

10,000m

Ian Hudspith 28m35.0s

1997 Sheffield

Marathon

Serod Batochir 2hrs08m50s

2014 Japan

110m Hurdles

Kevin Lumsden 14.19s

1994 Kings Lynn

400m Hurdles
Andy Abrahams 51.30s
1988 Grimsby

3000m S/Chase
Dave Camp 8m32.2s
1974 Crystal Palace

Shot
Paul Reed 17.04m
1988 Middlesbrough

Discus
Paul Reed 58.36m
1999 Peterborough

Javelin
Dave Eastlake 51.42m
1989 Cleckheaton

Hammer
Sandy Sandhu 57.96
1983 Leicester

Long Jump
Dave Deacon 7.00m
1994 Cannock

Triple Jump
James Blenkinsop 13.47m
1986 Gateshead

High Jump
John Wallace 2.16m
1990 Newcastle

Pole Vault
Gary Jackson 4.90m
1986 Newcastle

Decathlon
6102 points Rob Leonard
1989 Warrington

4x100m Relay
42.5s
Hendon
Tooting
1989 Hayes

4x400m Relay 3m14.2s
1987 Tooting

The above information has been obtained by the kind help
of Mike Bateman, Jared Deacon and Mark Hudspith

MORPETH HARRIERS & AC CLUB RECORDS

MORPETH HARRIERS & AC WOMENS ROAD, TRACK AND FIELD RECORDS

100m

Rachel Carrick 12.0s

1980

200m

Melissa Anderson 25.9s

2007 York

400m

Nisha Desai 55.6s

2006 Middlesbrough

800m

Laura Weightman 2m01.87s

2017 Stretford

1500m

Laura Weightman 4m00.17s

2014 Paris

3000m (Mixed)

Laura Weightman 8m43.46s

2013 Manchester

5000m

Laura Weightman 15:08.24

2017 Los Angeles

10000m

Emma Holt 36m09.9s

2016 Jarrow

Marathon

Lorna MacDonald 2hrs59m24s

2017 London

100m Hurdles

Karen Gibbs 14.6s

1987

400m Hurdles

Nisha Desai 61.55s

2006 Gateshead

Hammer
Claire Reid 32.85m
2011 York

Shot
Claire Reid 11.40m
2007 York

Discus
Claire Reid 42.07m
2007 Jarrow

Javelin
Bobbie Griffiths 42.27m
2017 Hexham

High Jump
Joanne Taylor 1.60m
1982

Long Jump
Susan Brown 5.60m
1982

Triple Jump
Julia Straker 12.18m
2004 Derby

4x100m Relay
S.Shea
D.Robson
R.Carrick
J.Ensor
51.8s
1982

4x400m Relay
D.Lowe
S.Priest
L.Reilly
K.Barnett
4.10.7s
1988